Mindset Key # 2: CELEBRATE MISTAKES

MISTAKES GROW YOUR BRAIN

"Increased struggle leads to greater learning and increased structural change in the brain." – Dr. Lara Boyd

Mistakes literally grow your brain – Youcubed.org (Stanford)

But only with self-reflection and new strategies! (don't just celebrate mistakes if someone is clearly not learning!)

The Dip

If you're creating something new, you will make mistakes! Otherwise you're just doing something you already know! (this also goes for teachers trying