

**Your Brain
Can Change.**



**Updated knowledge about
the human brain, behavior
and biology**

**= Better Education, Business
and Community**



Mindset Neuroscience will teach you how to:

- 1 inspire and positively transform the way staff interact with each other and with clients – for the long term – in ways that optimize the brain and nervous system for accessing the highest levels of human potential
- 2 learn how to increase trust and empathy by understanding how humans transmit and receive non-verbal signals and frequencies
- 3 improve your organization's ability to connect with new and existing audiences by aligning your vision and mission with neuroscience-supported insights

Past Clients

Organization

Action

Outcome

Calgary Family Services

Two-hour trainings to veteran and new teachers to create buy-in for incorporating neuroscience information and growth mindset concepts into classroom. (two elementary, one middle school and one high school).

Teachers implemented suggested activities to lower fear of mistakes, highlight self-transcendent purpose, and cultivate co- and self-regulation. Teachers created 'peace corners' for students, routines for meditation and mindfulness and reported improved behavior among students.

Horizon Science Academy

School-wide, full-day training devoted to Growth Mindset, Executive Functioning and Self-Regulation

As a result of the training, teachers initiated a Professional Learning Community devoted to Growth Mindset. PLC members incorporated brain-science backed criteria into their classrooms and developed lesson plans focused on celebrating mistakes and learning about the brain.

Enlace Chicago

Custom professional development two-day training focused on social and emotional learning and growth mindset – for parent educators

Parent educators took material and curriculum from training and developed and delivered their own workshops for parents and teachers at several schools.

Menu of Options

This is a summary of various themes and concepts that can be combined in full-day or multi-day trainings.

For half-day trainings, only 1 option may be selected.

01

Growth Mindset & Neuroplasticity

Know how the brain learns, and a 4-step process for building growth mindset and willingness to learn, make mistakes and try new approaches to work and life

02

Trauma-informed neuropsychology

Learn how to adapt your services and interactions to create optimal conditions for people who have experienced trauma and adverse life experiences

03

Social impact & Innovation

Find out how to access the highest brain-body capacities for flexible problem-solving, creativity and innovation

04

Self-Regulation, Trust & Connection

Improve your organization's ability to foster psychological safety and authentic vulnerability for building empathy and effective communication

05

Tech addiction

Get to the deeper roots of why people become addicted to devices, and what we can do to minimize the adverse effects of tech addiction

06

Systems Thinking

Expand your organization's ability to solve your clients' challenges by integrating the science of complexity and systems thinking

INVESTMENT

1/2

**Half-Day Training
(3.5 hours)**

\$2800

Non-Profit: \$1800

1

**Full-Day Training
(7 hours)**

\$3500

Non-Profit: \$2500

2+

**Multi-Day Training
(2 or more days)**

\$2500 per day

Non-Profit: \$1500 per day

5

**Five-Day Training
(5 full days)**

\$10,000 for 5 days

Non-Profit: \$6500

*prices do not include travel and accommodation