

SUPER-REGULATORS

NEUROSCIENCE ACADEMY

Learn to reveal the neuroscience beneath your work - so more people can understand it, trust it and sign up for what you offer.

SIX-PHASE NEUROSCIENCE IMMERSION

For coaches, consultants, educators, leaders and practitioners whose work helps people change, grow and regain access to their own intelligence.

Choose from Digital, Live and VIP Academy experiences.

Begins October 19, 2026 • First live session October 21

YOUR GUIDES:

Stefanie Faye and Gina D'Andrea-Penna

Neuroscience educators • Human systems intelligence & resilience

Become more in-demand for the work you already do.

SUPER-REGULATORS™ NEUROSCIENCE ACADEMY

A vibrant, co-creative experience where your signature work meets verified neuroscience

*You have spent years developing a way of seeing people and noticing patterns.
You help people find possibilities that were hard for them to see or access before.*

There is neuroscience underneath so much of what you already know how to do.

When you can articulate that science with confidence:

- your expertise becomes easier for new audiences to recognize.
 - people find it easier to understand why your work matters..
 - your work gets invited into rooms that may need a more analytical way to understand transformation.
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THE ACADEMY CORE OUTCOME:

*Use neuroscience to make your expertise easier to understand, trust and buy into -
so you can stand out in a crowded field and attract the recognition and audiences your work deserves.*

TRUSTED BY

CITY COLLEGES
OF CHICAGO

Big Life Journal

AUSTAT

Institute for Organizational
Science and Mindfulness (IOSM)

MIT
Massachusetts
Institute of
Technology

Stanford
Psychiatry
NeuroDesign Research

FBI

Google

Northwestern
University

UC San Diego
SCHOOL OF MEDICINE

Suzuki Music
Institute

HumanSide

Alberta Health
Services

Levine
music

ILLINOIS STATE UNIVERSITY

CheckIT
Learning

Trusted in rooms where credibility matters

For almost two decades, I have helped coaches, leaders, educators and organizations translate human transformation through neuroscience. My work gets invited into rooms at MIT, Google, Stanford, the FBI, Northwestern University and UC San Diego School of Medicine, as well as schools, nonprofits and communities around the world.

My approach is to bring peer-reviewed research, and my own professionally observed neurological and physiological measurements of human performance and wellbeing into conversations about mindfulness, systems thinking and the wisdom people already carry within them.

WHO THIS IS FOR

Your work already changes people.

Let's work together to help you build clarity, confidence and coherence around the science of what you do so that your work travels further and reaches more minds.

The Academy is designed for intelligent, compassionate professionals who work with human behavior, growth and nervous-system regulation - whatever title they use.

- ✓ You love the work you do **and feel ready for more people, referrals and opportunities** to find it.
- ✓ You want to **stand out in a crowded field** without resorting to surface-level marketing tactics.
- ✓ You can feel the depth of your approach, but **explaining the science behind it sometimes feels scattered or incomplete.**
- ✓ You want to **enter analytical or skeptical rooms with language that creates genuine curiosity** and respect.
- ✓ You have gathered valuable neuroscience concepts, but **want a coherent framework that sounds like you.**
- ✓ You want scientific understanding to **strengthen your deepest knowing** and intuitive wisdom.

YOU DO NOT NEED ANOTHER DEGREE You need a way to connect credible neuroscience with the expertise, experience and insight you already possess.

This includes executive and life coaches, consultants, clinicians, therapists, educators, facilitators, organizational leaders, somatic and holistic practitioners, public speakers and other professionals devoted to human transformation.

"inspires and equips people to harness the power and logic of neuroscience"

"After some intense discoveries during our live session, my own regulation puzzle came together last night. I am still processing in an extremely positive way with... a sense of elation. I've been searching for the right word all day and that's it (!).

Yesterday I felt a new clarity about my potential as a super regulator.

I once again find myself beyond grateful for the challenges I've experienced in my life and that they have ultimately brought me into the spheres of amazing humans like you and Gina.

Thank you for your amazing tandem efforts with Gina to help inspire, equip and encourage people to harness the power and logic of neuroscience."

-JULES FERNANDES, AI RHYTHM FOR LEADERS AND TEAMS

From scattered insight to signature authority.

During the Academy, you will begin transforming your expertise into science-supported language, frameworks and intellectual property that are distinctly your own.

You will learn how to:

- ✓ Map the work you already do to peer-reviewed neuroscience and brain-body systems science.
- ✓ Explain why your methods matter in language that earns faster understanding and buy-in.
- ✓ Turn years of intuition, training and lived experience into clearer signature frameworks.
- ✓ Distinguish your voice from borrowed neuroscience vocabulary and the sea of sameness.
- ✓ Communicate with greater confidence in proposals, workshops, content, programs and conversations.
- ✓ Reach audiences and organizations that may never have taken this kind of work seriously before.
- ✓ Hold space for complexity while still giving people something tangible to learn and remember.

“The confidence with which I am now able to present my material is so much stronger that it has actually attracted a team of coaches to my program who want to join forces and deliver the coaching method we've been working on together.”

RYAN SAWYER • IHP COACHING

A DIFFERENT KIND OF NEUROSCIENCE EDUCATION:

Your wisdom is the starting point.

Knowing more neuroscience words does not necessarily create greater understanding. Sometimes it creates distance from the very intelligence that makes your work powerful.

The Academy is meant to help you tune back into your deepest knowing: what you observe, what you sense, what your experiences have taught you and what transformation looks like in the people you serve.

Three principles shape the experience

1. Science that maps to your work

The learning is continually brought back to your audience, your methods, your message and your signature body of work. You are not left alone to connect the dots.

2. Mechanisms beneath the vocabulary

We move beyond borrowed terms and simplified brain facts into the mechanisms that shape attention, prediction, meaning, regulation, learning, relationship and change.

3. Embodied integration

Neuroscience becomes most powerful when it helps you see more clearly and trust what you are observing. Reflection, meditation, conversation and application help the science become usable and embodied.

THE DEEPER PURPOSE To give credible scientific language to the wisdom you already have - while helping you become even more precise, discerning and powerful in how you use it.

Core Philosophy

This curriculum rests on a foundational understanding:

We are complex adaptive systems navigating an emergent reality. There is no static state we are striving for: only the capacity to shift at will, to adapt with skillfulness, and to transmit frequencies that create positive ripple effects in our networks.

🌟 **Wisdom is accessed when we curate and facilitate optimal mind-brain-body conditions:** We already possess deep knowing; our work is to clear the channels

🗺️ **How to see, not just ‘what to do’:** Framework for perception rather than prescription

🌀 **Action without clarity can be energy inefficient:** Alignment precedes effective action

🎯 **Flexibility and adaptation as the goal:** not a fixed, static state, where nothing rattles us.

As we go through the six weeks together, we practice and embody a rhythm that looks like this:

Clarify → Solidify → Amplify

CLARIFY: Getting clear on desired experiences, values, and vibrant vitality for our personal and professional life and legacy.

SOLIDIFY: Building neural pathways and behavioral patterns that support clarity

AMPLIFY: Expressing and expanding our impact through networks, connection, and contribution

THE SIX-MODULE JOURNEY

Each module lives inside the on-demand Neuro Wisdom Library and becomes a foundation for live integration.

THE THREE NON-NEGOTIABLE REALITIES™

These are the universal conditions all humans face. Understanding them shifts our paradigm from control to navigation, from resistance to skillful adaptation: *Emergence-Emanation-Energy-Regulation™*

Week 1

WISDOM | Emergence + innate intelligence

Things arise and unfold in each moment that we cannot predict or trace. Access the intelligence your nervous system already holds **THE SHIFT: Information overload → embodied intelligence**

Week 2

CLARITY | Emanation

We are vibrational beings, constantly transmitting frequencies. Begin transmitting a clear, coherent signal that reflects your wisdom. **THE SHIFT: Scattered insight → teachable systems**

Week 3

MINDSET | Energy Regulation

We are energy-conserving systems, and change requires work.
THE SHIFT: Surface mindset tactics → mechanisms of belief and growth

THE THREE NAVIGATION TOOLS™: from regulation to relationship and ripple effect.

Given the non-negotiable realities, how do we move through the world skillfully? These three processes are an ongoing dance, a continuous practice of presence and adaptation: *Adaptation-Attunement-Ascension™*

Week 4

ADAPTATION | Self-regulation + flexibility

Regulation as range, repertoire and the capacity to make skillful shifts across contexts.
THE SHIFT: Chasing 'the magic formula' → expanding regulatory range

Week 5

ATTUNEMENT | Connection + co-regulation

Making micro-adjustments based on feedback.
THE SHIFT: Connection techniques → attuned interaction

Week 6

ASCENSION | Super-regulation + transcendence

Integrating experience into higher coherence and contribution.
THE SHIFT: Giving advice → facilitating insight and higher intelligence

HOW THE ACADEMY WORKS

Six fields of exploration.

Each week is devoted to one contained area of focus: a live teaching, a guided small-group experiment, larger-group discovery and feedback, and a Neuro-Meditation for embodied integration.

Every Academy participant receives

- The complete six-part Super-Regulators curriculum.
- Immediate access to the on-demand Neuro-Wisdom Library.
- Six guided Neuro-Meditations, beginning October 19.
- Immediate access to every 2026 Neuro-Teaching Micro-Course.
- Recordings of all six Academy teachings and larger-group integration conversations, plus community access and a completion certificate.

DESIGNED FOR REAL LIFE

Digital participants receive the complete library, meditations, micro-courses and recordings. Live and VIP participants add six weekly sessions, guided small-group experiments and Stefanie's larger-group feedback. You receive two years of access to the online materials.

Live Academy schedule

Wednesdays, 1:00-3:00 p.m. Mountain Time

October 21 and 28 • November 4, 11 and 18 • December 2

Your first Neuro-Meditation arrives October 19. You can begin exploring the Neuro-Wisdom Library and 2026 micro-courses as soon as you enroll. Teaching and larger-group portions are recorded; private small-group experiments are not.

"She helped me uncover blind spots and ground my ideas in science, which turned scattered insights from neuroscience, somatics, systems thinking and habit formation into one clear, repeatable framework I now use and share with others."

PROGRAM PARTICIPANT

"This program, grounded by Stefanie's ease and deep insight into human brains and interpersonal communication, has increased not only my understanding, but sparked lightning bolts of connections that I'd been trying to figure out for years."

NICOLE POTTER • CHANGE STRATEGIST

"Working with Stefanie gave me research-backed confirmation of what I knew intuitively but couldn't explain. Our conversations sharpened my ability to work with people who think, feel and solve problems differently - and to choose the most effective approach for them as an advisor."

TERRI YEH • FOUNDER, NEUROLEVER

CHOOSE YOUR ACADEMY EXPERIENCE Early Bird VIP tuition is available through September 24, 2026.

Three complete pathways. Choose the level of participation that fits this season.

OPTION 1: DIGITAL ACADEMY: Enter the complete body of work in your own time

DIGITAL ACADEMY

\$697 paid in full • 3 monthly payments of \$247

Complete curriculum, Neuro-Wisdom Library, six Neuro-Meditations, every 2026 micro-course, all six session recordings, community and certificate.

The Digital Academy is a rich, complete experience for those who want the freedom to pause, revisit and integrate the material according to their own rhythm.

OPTION 2: LIVE ACADEMY (MOST POPULAR): Enter the room and explore the work with us live

LIVE ACADEMY • MOST POPULAR

\$1,497 paid in full • 3 payments of \$549 • 6 payments of \$277

Everything in Digital, plus six weekly live sessions, guided small-group experiments, live questions, shared discovery and Stefanie's larger-group feedback.

The Live Academy is for those who want to experience what becomes visible when the material enters a shared room, and integrate each week's focus through live experimentation, reflection and feedback.

Early Bird Personalized Feedback Bonus: Enroll by **September 24, 2026** and submit one PDF of up to three pages to receive a private 10–15-minute recording with Stefanie's neuroscience-informed feedback.

Option 3: VIP experience: A more personal layer of planning, feedback and access

VIP ACADEMY

EARLY BIRD \$1,897 paid in full • 3 payments of \$697 • 6 payments of \$357

REGULAR \$2,197 paid in full • 3 payments of \$797 • 6 payments of \$397

Everything in Live, plus a private 20-minute planning session, one personalized feedback recording and priority opportunities to bring your questions into the live conversations.

A private 20-minute planning session with Stefanie: Clarify what you most want to develop during the Academy and identify where neuroscience can most powerfully strengthen your signature work.

One personalized 10-15 minute feedback recording (*early bird: 2 personalized recordings*)

Submit a document with a concept, framework, teaching tool or piece of your signature work. Stefanie will personally review it and send a private recording with scientific connections and ideas for strengthening how you communicate or teach it.

Early Bird VIP Bonus: Enroll by September 24 and receive **two personalized feedback recordings in total**. Submission guidelines: One submission per VIP participant. PDF documents only, with a maximum length of three pages.

"In one single session, I now have clarity about what I need to do and where to go next."

Z. • DIRECTOR OF RESEARCH AT MIT

YOUR INVITATION

Your expertise already exists for a reason.

Let neuroscience help more people recognize it.

You did not enter this work for surface-level impact. You are here because you have seen what becomes possible when people feel understood, regain access to their intelligence and discover new ways of responding.

The Super-Regulators Neuroscience Academy gives you a place to deepen that work, articulate the biology beneath it and shape language and frameworks that can carry your expertise into new conversations, audiences and opportunities.

The 2024 and 2025 cohorts sold out. This may be the final live Academy until 2028.

THREE WAYS TO JOIN

DIGITAL \$697 • LIVE \$1,497 • VIP \$1,897 EARLY BIRD / \$2,197 REGULAR

Three-payment options are available at checkout. Extended six-month plans are available for Live and VIP.
All prices are in US dollars.

Choose your Academy experience

Return to the Academy page to compare Digital, Live and VIP, select your preferred payment option and complete your enrollment securely.

If you have a question about the Academy or need an extended payment plan, reply to the invitation email.

CHOOSE MY ACADEMY EXPERIENCE

With love,

Stefanie and Gina